

A N N U A L
N A R R A T I V E - R E P O R T

For

COCHISE COUNTY

Bertha Virmond
County Home Demonstration Agent

December 1, 1942

to

December 1, 1943

A N N U A L
N A R R A T I V E - R E P O R T

for

COCHISE COUNTY

Bertha Virmond
County Home Demonstration Agent

December 1, 1942

to

November 30, 1943

Miss Bertha Virmond
Cochise County
1943

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PROGRAM OF WORK

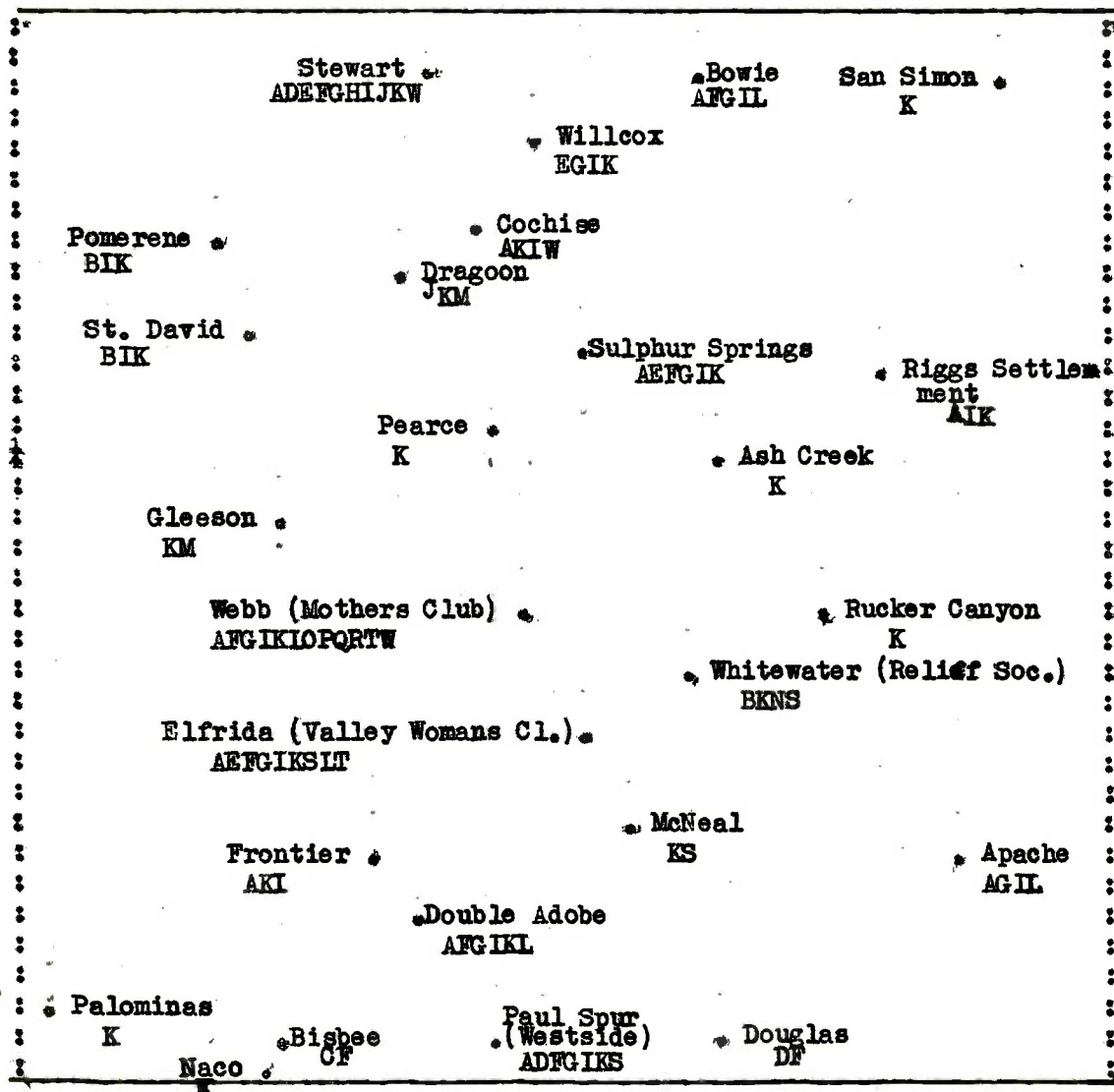
Factors to be considered in developing the 1944 Program of Work:

1. Size of County, distance between communities and scattered homes.
2. Need of work - Where? - What? - Equipment to work with?
3. Spirit of cooperation and help given to Agent.
4. Present emergency situation.
5. Requests for work in new communities.
6. Increased home gardens and the need for caring for this surplus.
7. Suggestions from State Agent.
8. Definite days for office work, Conferences, Leaders Training.
9. Definite days set aside for miscellaneous or emergency work.
10. Specialist time and subject matter.
11. State Program.
12. War Activities.

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MAP OF COCHISE COUNTY SHOWING ACTIVITIES OF THE YEAR

C O C H I S E - C O U N T Y



ADULT WORK

- A. Homemakers Clubs
- B. Relief Societies
- C. Federated Clubs
- D. House Furnishings
- E. Production of Food Supply
- F. Food Preservation and Storage
- G. Food Selection and Preparation
- H. Home Management
- I. Clothing and Textiles
- J. Recreation and Community Life
- K. Share the Meat
- L. Food Fights for Freedom

JUNIOR WORK

- M. Fix It Clubs
- N. Rural Electrification
- O. Poultry Club
- P. Canning Club
- Q. Meal Planning Club
- R. Baking Club
- S. First Aid Clubs
- T. Account Keeping

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I. Organization
Sub-Project D. Reports
Summary

During the year December 1942 - December 1943, the Agent has spent 125½ days in the office and 158½ days in the field. 42 of these days were spent in conducting work with juniors and 242 days with adults.

Adult work has been carried on in 27 communities through 9 Homemakers Clubs, 5 Relief Societies, individual contacts.

The junior work has all been through organized 4-H Clubs in 7 communities. 8 clubs have been completed with an enrollment of 62 boys and 90 girls. All completed but 4 boys and 3 girls.

12 training meetings were held by Specialists for local leaders.

77 method demonstrations were held with adults with an attendance of 1330, and 38 demonstration meetings with 4-H Clubs with an attendance of 591.

2 meetings were held at a result demonstration in Clothing Storage with an attendance of 38.

9 achievement days were held with 4-H clubs with a total attendance of 409.

30 other meetings not reported on adult work with an attendance of 417.

6 other meetings not reported on junior work with an attendance of 338.

Subject matter with adult groups included Nutrition, Clothing, Home Furnishings and miscellaneous work. With 4-H Clubs, Meal Planning, Baking, Canning, Clothing, Fix-It, Home Accounts, First Aid and Rural Electrification.

Assistance was given on one radio program in connection with the Refresher Course in Canning in Tucson.

A total of 147 home visits have been made during the year to 95 different homes; 478 office calls received; 148 telephone calls; and 4000 bulletins distributed.

122 days of the year have been devoted to the War Effort.

The Agent attended The Annual Extension Conference in Phoenix in December, the H. D. A. Planning Conference in Tucson in May and the 4-H Fair in Safford.

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I. Organization
Sub-Project D. Reports

4-H Judging

One day was spent in Graham County judging 4-H exhibits and demonstration teams at the Graham County 4-H Fair.

Graham County Homemakers

Two days were spent in Graham County giving assistance on bread making. This was to complete a series planned by the Nutritional Specialist.

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TABIE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942 - 1943

Project XIII. Nutrition	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. saved
Sub-Proj. A Phase 1. Prod. of Fruit & Vegetables	0	0	2	Stewart Sulphur Springs	21	21	More help from farm women	0	0
Sub-Proj. A. Phase 2. Prod. of Eggs & Poultry	0	0	1	Valley W. Club	35	35	Greater interest in poultry at home	0	0
Sub-Proj. A Phase 4. Share the Meat	22	County- wide	0	County- wide	918	814	309 inter- ested in dems.	Inf. on use of scarce foods	No. report
Sub-Proj. A Phase 4 Point Rationing	0	0	0	County- wide	74 leaders in 15 com- munities	950	Timely informa- tion hand- ed out	Better Budget- ing of family funds	no reports
Sub-Proje. A Phase 5. 4-H Poultry	0	0	1	Webb	1	1	300 chicks raised to laying age	\$815.67	\$333.14
Sub-Proj. B Phase 1. Brining Foods	0	0	0	County- wide	No enroll- ment. Indiv. requests	0	200 lbs. brined foods	\$40	\$25
Sub-Proj. B Phase 2. Canning Foods	0	As re- quested	8	S. Spgs. Douglas Westside Bisbee Bowie Stewart Valley W.Cl. Webb	750	750	Est. 300,000 qts canned 5,000 qts jams, etc.	Est. \$60,000 \$1250	Est. \$39,000 \$ 700

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TABLE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY

1942-1943

Project XIII. Nutrition	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. Saved
Sub-Proj. B Phase 3. Drying Foods	12	County- wide	6	Westside Bisbee Bowie Valley W.Cl. Stewart Double Adobe	309	309	Much int- erest in project 200 lbs dried	\$40	\$30
Sub-Proj. B Phase 5. 4-H Food Pre- servation	3	Stewart Whitewater McNeal	1	Webb	1	1	153 qts. canned %	\$50.68	\$29
Sub-Proj. D Phase 1. Bread and Variations	0	0	10	Stewart Double Adobe Westside Whitewater St.David Pomerene Frontier Valley W.Cl. S. Spgs. Cochise	371	371	100 families baking all of family bread supply. Half of pie & cake bak- ing time & money saved by substit- uting sweet rolls & bread var.	\$1500	\$750
Sub-Proj. D Phase 2. Vegetable Cook- ery	0	0	1	Bowie	35	35	25 families cooking vegetables with a min- imum loss of vitamins & minerals	\$25	\$12
Sub-Proj. D Phase 3. Meet the Meat	0	0	7	Stewart Westside S. Spgs. Valley W.Cl. Webb Bisbee Douglas	234	234	An average Con- of 4 dishes ser- prepared ration at each Dem. of scarce foods		points saved

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TABIE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942-1943

Project XIII. Nutrition	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. saved
Sub-Proj. D Phase 4. Cheese Making	0	0	2	Stewart Apache	83	83	30 women knowing how to extend the surplus milk supply of cheese	Insure year around the sup- ply milk	Conser- vation of surplus milk
Sub-Proj. D Phase 7. 4-H Meal Plann- ing	3	Dragoon Whitewater McNeal Others	1	Webb	2	2	59 meals planned & served	\$211.65	\$135.64
Sub-Proj. D Phase 7. 4-H Baking	0	0	1	Webb	2	2	10,679 dishes	\$236.98	\$153.702
Sub-Proj. E Phase 5. 4-H Account keeping	0	0	1	Elfrida- Webb	2	2	2 records books turned in	0	0

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XIII. Nutrition

History

For the past twenty-five years Nutrition has been a major project of the Home Demonstration Agent's Work in Cochise County. This has varied only in the headings given subject matter as the goal has always been to encourage rural Cochise County to live on the farm, off the farm. The scarcity of certain foods has brought emphasis on different phases of this project in different years. The present year has been the stress of the War Program emphasizing production, conservation and sharing of the food supply.

Sub-Project A. Planned Food Supply

Phase 1. Production of fruits and vegetables

Cooperating with the County Agent an excellent demonstration was given to the Stewart Homemakers and the Garden Club on "Pest Control". As is usual in these demonstrations all steps in the production of a home garden were discussed. This demonstration was far reaching, as not only was the information out at this meeting of use them them, but it let the women of the surrounding community know that the Extension Office was the place to go for garden and fruit information.

Inspired by the talk of a Women's Land Army a group of nine women helped harvest the Anderson sweet potato crop. It was impossible to secure enough men to do this and the women proved very efficient. They were given the work of handling the sweet potatoes up to where they were placed in lugs, the men taking over at this point to see that they were properly sorted for storing for immediate sale and pit storage for future sales.

In addition to this one community interest in harvesting, half of the rural women of this county have aided the labor shortage by helping in the planting, care and harvesting of crops on their own farms. They have taken over the entire care of the chicken and milk production. They are now giving assistance in the picking of cotton which is grown only in a small scale in this county. They are serving in rural tractors, trucks and in a general way, taking the place of a hired man in vegetable and small crop production.

Phase 2. Production of eggs, milk, butter and meat

Cooperating with the County Agent and Dairy and Poultry Specialist, Clyde F. Rowe, a joint meeting of the men and women of the Valley Women's

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XIII. Nutrition

Sub-Project A. Planned Food Supply

Phase 2. Production of eggs, milk, butter and meat, cont.

Club was held on the production of eggs, milk and butter. The details of the subject matter will be reported by the County Agent. Dr. Matlock was also present and the women and men were divided into groups, and talks were given by Dr. Matlock and Mr. Rowe on preventive methods in poultry disease.

Assistance was given Charlotte Patterson in connection with her poultry project. This poultry club will be the means of supporting her in her first year in college and has helped to round out her 4-H Club Record for National Competition.

Phase 3. 4-H Garden Clubs

Assistance was given in helping 4-H members start seed beds for home gardens. Almost every 4-H youngster has a garden of some kind but at this time no records have been received which would entitle them to an achievement pin. An attempt will be made to finish up these records within the next few weeks.

Phase 4. Nutrition for Defense - Share the Meat

The Agent was held responsible for heading up the County Committee on the Share the Meat Program. Helping with the organization of the county credit should go to Mrs. Lola Dudgeon, Nutritional Specialist, who made a visit to the county and accompanied the Agent, and in some cases the County Agent, to O. C. D. Offices, Chambers of Commerce in Douglas and Bisbee, rural contacts at Silver Creek, Double Adobe, McNeal, Whitewater, Elfrida, Pearce and Sulphur Springs. Dr. Moon, County President of the Nutrition Committee, called a meeting in Bisbee at which time the county was allotted to various organizations for the rest of the program. Miss Todd, representative of the State Nutrition Committee assisted with the organization of the Willcox defense area. In addition to giving a nutrition demonstration she assisted the County Agent in explaining the Program to the Vocational Department of the local High School. Special trips were made to Cochise, Stewart and Sulphur Springs communities.

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XIII. Nutrition

Sub-Project A. Planned Food Supply

Phase 4. Nutrition for Defense - Share the Meat, cont.

The Agent was responsible for summarizing reports and information received. A total of 918 families were contacted, 814 agreed to comply, and 309 were interested in follow-up demonstrations. A total of 20 communities were covered with this program and turned in reports. Much of this organization was done through Neighborhood Leaders trained by the Home Demonstration Agent, and assisted by the County Agent and the Nutritional Specialist. 71 leaders assisted in the Program.

The towns of Douglas and Bisbee reported to O. C. D. and not through the Extension Service. Two communities, Portal and Dos Cabezas, were not given an opportunity to participate in this program on account of limited time and mileage of those in charge of the program.

Phase 4. Nutrition for Defense - Point Rationing (Training Explainers)

A conference was held with the State Agent, Home Demonstration Agent from Safford and Cochise County Agricultural Agent, in making plans for county contacts. A countywide letter was prepared and mailed to all rural Homemakers concerning this subject. The Agent spent four days in going from one rural community to another to help train local "Explainers". In most cases these were Neighborhood Leaders who had had previous experience and understood the program. Miss Ruby Fulghum, County School Superintendent, assisted on this Program making the necessary contacts at Pomerene, Cascabel, Apodaca, Portal and Apache. San Simon and Sulphur Springs were instructed through the mail. 21 Homemakers from the Valley Womens' Club offered their assistance, the country stores at Elfrida, McNeal, Gleeson and Cochise were contacted and they were found very helpful in giving assistance to their customers. Two Spanish speaking leaders were trained at Naco.

In summarizing a total of 74 Neighborhood Leaders and teachers were trained in 15 different communities. An additional travel expense of 439 miles was used on this program. 4 days and 2 nights of continuous time were spent.

Phase 4. Nutrition for Defense - Food Fights for Freedom Program

The preliminary work has been done in order to launch the F.F.F.F. Program. The county is to be divided into five districts. Each of these districts is to function under the Nutrition Committee with a chairman. It is expected that a county chairman will be appointed at a later date.

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XIII. Nutrition

Sub-Project B. Food Preservation Phase 1. Brining foods

Until the present year very little brining has been done in this county. The Government circular which was received late in the season has been distributed to 300 rural families. Many of these families have reported trying one or more vegetables in small amounts to see whether or not the family would like the brined foods as well as the dried or canned vegetables. Foods that have been experimented with are corn, beans, cabbage and cauliflower. None of these have been used but it has made a way to preserve food without jars or cans, and a very inexpensive method.

Phase 2. Canning foods - Refresher Course in Canning

The Agent spent two days in Tucson at a state meeting at which time a refresher course in canning was offered to the state. The Agent had charge of the pressure cooker section and gave some help with the use of tin cans and sealers.

Following this canning school similar instruction was given within the county. While practically all rural women have had much experience in canning there are always helpful suggestions that will improve their methods, new suggestions in preparation and in serving. Local refresher courses were given at Douglas, Westside, Bisbee, Stewart, Bowie, Valley Womans' Club, Webb Mothers' Club and Sulphur Springs. In addition to these suggestions for helpful improvements were made to every group that the Agent met with during the summer months.

The Refresher Courses consisted of cold pack and hot pack canning, hot water, pressure cooker and double boiler methods. The canning of tomatoes, fruits and non-acid vegetables together with any special problems that the women cared to bring were covered in all demonstrations. The Stewart community issued an invitation to the women of Willcox to attend this refresher school. 10 women took advantage of this demonstration. Special demonstrations were given in communities making a special request for the canning of corn and of meat.

The Westside Homemakers canned 100 quarts of beef using different methods of preparation of the meat. This included liver sausage, meat rolls, rolled roasts, scrambled brains, spiced tongue, sandwich spreads, etc., besides the usual boiled, fried, raw and roasted meats.

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XIII. Nutrition

Sub-Project B. Food Preservation

Phase 2. Canning foods - Refresher Course in Canning, cont.

Special help was given in the use of tin cans and sealers. This included the original instruction and adjusting of sealers. A pressure cooker was purchased for the office and this has been in constant use by members of the Stewart Club and Homemakers in Willcox.

Special instruction was give to the Relief Societies of Pomerene and Whitewater in their canning of 100 fryers each to be put in their store house.

One general demonstration in canning was given to an O. S. Y. A. group in Douglas. This was cooperating with Mrs. Wilder, their leader.

A two day Refresher Course in food preservation was given in Bisbee, cooperating with the Garden Club. The Garden Club furnished six women to assist. The Home Demonstration Agent from Graham County was also present. 81 women attended the canning section of this Course. The Lowell School furnished fuel, electricity and their Auditorium. The Garden Club furnished the material to can. During the demonstration pressure cookers, their use and misuse were discussed, and foods were canned at 30 minutes, 60 minutes and 80 minutes time. Bisbee, being one of the high altitude towns in the county, altitude corrections were made. Suggestions were made for having the guage tested and general care of the canning equipment was discussed. The canning of grape fruit juice with the couble boiler, sealed in tin cans as well as glass jars, was also demonstrated. Many requests have come to the office as a result of this demonstration.

It has been estimated that a conservative figure for the county for the canning season of 1943 would be 300,000 quarts canned. This represents the rural district of over 1,000 families and includes Relief Societies of Douglas, Bisbee, Whitewater, Pomerene and St. David, the town of Willcox which normally is not considered one of the rural districts but because of the cooperation on the canning program is included in this estimate. If a value of 20¢ per jar is put on this estimate the home canning of the county should amount to approximately \$6,000. Approximately 2,000 canning bulletins and circulars have been handed out. This includes "Home Canning" F. B. No. 1762, "Home Preservation of Food" Ext. Circ. No. 94, and Extension Folder W-9. In addition several leaflets have been prepared in the office on pickles and sandwich spreads which have been distributed. More than usual interest has been evident in the canning program of the county this year. An unusual fruit crop, good gardens and point rationing together with a sense of the food program for the country has inspired women to can who have never been interested in doing so before.

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XIII. Nutrition

Sub-Project B. Food Preservation

Phase 3. Dehydration of fruits and vegetables

Demonstrations on the dehydration of fruits and vegetables have been given parallel with the canning demonstrations. Stewart, Double Adobe, Westside Homemakers, Bisbee Garden Club, Bowie and the Valley Homemakers have been contacted with complete drying demonstrations of all available fruits and vegetables which are grown in the community. 10 dehydrators have been made and an estimate of 200 pounds of fruits and vegetables dried. In each community dried vegetables have been served or will be served showing how these are used. This information has followed the material outlined by Mrs. Lola Dudgeon, Nutritional Specialist, together with a recent bulletin, "Drying in the Oven", which has been distributed to about 300 families.

In connection with the canning and dehydration program the women of Pomerene and St. David have been greatly disappointed when the community cannery failed to materialize which had been promised them thorough the Vocational Department. This may be completed at a later date.

The Agent has visited the dehydration plant at Elfrida which is commercially owned. Approximately 10 women in this community are doing most of the labor. Onions and chili peppers are the only foods that have been dried here in any quantity. However, it is planned that some other vegetables will be added to the list so that all community drying can be done in this commercial dryer. The women who are helping at this plant should be a part of the Women's Land Army, instead they have been "dubbed" "Chili Picking Mamas".

On the invitation of the Bisbee Garden Club the Agent gave a Drying Demonstration in Lowell as a part of a two day Refresher Course in food preservation. Ten different vegetables were dried as well as home grown apricots, peaches, apples and chili. This group of women are sponsoring home gardens in Bisbee and have made good use of this information.

Phase 4. Freezing foods

Two requests have been received on the freezing of foods in the farm home, one at Stewart and one at Paul Spur.

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XIII. Nutrition

Sub-Project B. Food Preservation

Phase 5. 4-H Food Preservation

18 girls should have had reports in this office showing a completed 4-H Food Preservation project. Most of these girls are working outside of the home. The canning season has been very late and to date only one report has been received.

Phase 6. Storing Food

Some work on storage has been done following suggestions at the State Meeting given by Dr. J. N. Roney. However, so many vegetables can be kept in the garden without any special storage that this has not met the response that it should have had. Much stress has been put on a better place to keep canned foods. New storage rooms have been built by Mrs. Pittman, Mrs. Pregoner, Mrs. Kartchner and many of the older storage pits have been enlarged and re-vamped to take care of the added canning and storage problems for this winter.

Sub-Project C. Food Selection

Phase 3. 4-H Nutrition Club Work

Charlotte Patterson and Mary Burnett have completed projects in meal planning and baking and have submitted records.

Sub-Project D. Food Preparation and Service

Phase 1. Preparation of Cereals

At demonstrations given by the Nutritional Specialist on the Making of Bread at Home and on Variations leaders were trained in Willcox and at Double Adobe. Follow-up bread meetings were given in 10 communities to 371 Homemakers. Approximately 100 women have followed up this training and are making bread at home. Better than half of these women are members of the Relief Societies.

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XIII. Nutrition

Sub-Project D. Food Preparation and Service

Phase 1. Preparation of Cereals, cont.

As a part of the Christmas meetings special demonstrations were given in doing attractive tricks with bread dough. These included the colorful Christmas trees and fancy rolls. Several of the women made this their Christmas treat last year.

Phase 2. Preparation of Vegetables

One demonstration was given at Bowie on vegetable cookery. This really belonged to the previous years work but was included by special request from the Bowie Homemakers.

Phase 3. Preparation of Meats and Eggs

In order to be prepared for the follow-up program in meat conservation the Home Demonstration Agents from Pima and Graham Counties met with Mrs. Lola Dudgeon and the Cochise County Agent in Willcox to work out a series of demonstrations that would fit the local conditions in southern Arizona. Many new recipes were tried and approved. Following this meeting the Nutritional Specialist prepared and distributed her leaflet on "Meet the Meat Alternates." This circular has been used in all communities in the county and distributed to approximately 500 families. It has proven to be a very helpful and concise means of helping the women to extend their meats.

Phase 4. Preparation of Dairy Products

There were three demonstrations given on the making of American cheese. This was given first at Stewart before the Leaders who repeated the demonstration to the Stewart Homemakers. The Agent was responsible for the demonstration at Apache. 15 pounds of cheese was made. In this connection much cheese has been made from cottage cheese which is a very good sandwich spread but cannot be held over a month.

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XIII. Nutrition

Sub-Project D. Food Preparation and Service

Phase 6. School lunch

Assistance was given at McNeal and Whitewater with their school lunch. The kind of assistance was largely recipes and personal suggestions on the care and storage of food. A conference was held with a state representative with reference to extending the school lunch to such villages as Apache, Gleeson and Cochise. These communities could not meet the requirement in order to get Federal help and the matter was dropped.

Sub-Project E. Food Economics

Phase 5. 4-H canning and meal planning records

Complete records have been received from Shirley McPherson and Charlotte Patterson.

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TABLE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942-1943

Project XIV Clothing	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. Saved
Sub-Proj. D Phase 1. Care of Clothing Dry Cleaning	10	County- wide	8	Double Adobe Westside Webb Valley W.Cl. Stewart S. Spgs Apache Riggs	207	207	50 garments cleaned under sup- ervision of leaders approx. 300 garments cleaned as follow-up work	\$175	\$175
Sub-Proj. D. Phase 1. Care of Clothing Pressing	10	County- wide	12	Apache Webb Valley W. Cl. Stewart Double Adobe Westside S. Spgs Frontier St. David Pomerene Riggs Bowie	350	350	40 garments pressed at dems. 400 better pressed garments at home as as a result of this dem 1 kit com- pleted in every com. by leaders 50 smaller pieces made by indiv.	\$110	\$110
Sub-Proj. D Phase 1 Care of Clothing Washing Fine Fabrics	0	As request- ed	1 request- ed	St. David	15	15	10 gar- ments washed at dem. 50 women reporting better results from last years dems.	\$100	\$100
Sub-Proj. D Phase 1. Care of Clothing Storage	10	County- wide	0	Stewart	enrollment pending	0	Results not reported	Not deter- mined	Not deter- mined

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TABLE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942-1943

Project XIV Clothing	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. Saved
Sub-Proj. D. Phase 1. Care of Clothing Mending	10	County- wide	10	Stewart Double Adobe Valley W.Cl. Westside Webb Apache S. Spgs St.David Pomerne Bowie	364	364	Approx. 1000 gar- ments have been mend- ed and remodelled	\$500	\$400
Sub-Proj. D. Phase 2. Care of Sewing Machines	0	0	Indiv. assist- ance	Stewart S. Spgs Cochise Webb Pomerne Double Adobe	9	9	9 sewing machines cleaned & adjust- ed	\$27	\$27
Sub-Proj. D Phase 3. Wardrobe Plann- ing	0	0	Indiv. assist- ance	Stewart S. Spgs Valley W.Cl.	No enroll- ment	0	Impossible to est.	Imp- ossible to est.	Imposs- ible to est.
Sub-Proj. E Phase 3. Remodelling	0	0	0	County- wide	Individual assistance	0	500 gar- ments re- constructed on the emergency program	\$500	\$350
Sub-Proj. E Phase 4. 4-H Club Clothing	5	Whitewater Stewart Cochise Bowie McNeal	1	Stewart Webb Cochise	19 1 Jr	16 1 Jr	76 articles made 20 articles remodelled	\$201.40	\$111.23

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XIV. Clothing

History

Clothing has always been a definite part of the Home Demonstration Agent's program. With the coming of the Clothing Specialist we have covered style for the individual figure, color for the individual, color combination, fitting the dress you make or the dress you buy, comparison of fibers used in materials, dress forms, knitting and the making of gloves and mittens.

Sub-Project D. Economics

Phase 1. Care and Conservation of Clothing

During the current year the county has been covered with the following demonstrations: Dry Cleaning, Pressing, Washing Fine Fabrics, Storage and Mending. These demonstrations were given by Miss Lorene Dryden, Extension Specialist in Clothing, to local leaders. The county was divided into three general sections known as the Willcox, Double Adobe and St. David districts. Miss Dryden gave this training to 28 leaders. Not all leaders attended every meeting but arrangements have been made whereby the demonstration was repeated in the following communities: Stewart, Sulphur Springs, Double Adobe, Valley Woman's Club, Westside Homemakers, Webb Mother's Club, Apache, Frontier, St. David, Pomerene, Bowie and Riggs Settlement. A total of 12 communities representing 350 Homemakers. The actual number in attendance at these demonstrations is perhaps lower than it should have been due to gasoline shortage. However, there has been a genuine attempt of these Homemakers to pass on this information until the Agent feels that probable more people have received and used this information than in any previous year.

a. Dry Cleaning

The need for dry cleaning has never been more apparent than this year. The distance from commercial cleaners, the shortage of labor and transportation has made it imperative that dry cleaning be done at home. This was the decision of all groups before accepting this demonstration. Solvent is available in at least three sections of the county. It was decided that heavy garments such as women's coats and men's suits would not be dry cleaned at home. Leaders were cautioned to be careful in every step of the dry cleaning. Communities pooled their dry cleaning and in this way they could

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Sub-Project D. Economics

Phase 1. Care and Conservation of Clothing

a. Dry Cleaning, cont.

afford to buy a greater amount of solvent and get better results by dipping through more than two baths. Pamphlets on dry cleaning were distributed to everyone who was interested and many circulars were taken home to be given to friends and neighbors who were not able to attend demonstrations. Of special interest to ranch people was the use of saddle soap for belts, hat bands, shoes and baggage. Prior to this demonstration it was the habit to dip everything into solvent.

In connection with the dry cleaning demonstrations spot and stain removal has been given in each community. Through the courtesy of Senator Carl Hayden copies of the government bulletin on spot removal were distributed in addition to the supply furnished by the Clothing Specialist. Information on spotting and stain removal has been enthusiastically received as often the garment could be spotted and thus save the necessity for dry cleaning. It was a new experience for the women to know that they could clean their own hats as well as the men's felt hats. Many household articles were included in this demonstration.

It is estimated that 200 garments have been dry cleaned following the recommendation of the Clothing Specialist. Most of these articles would have cost 75¢ to \$1.00 to be cleaned commercially.

b. Pressing

It was necessary to give two lessons on the pressing of these garments. Following the demonstration by the Clothing Leader the Agent made up a pressing equipment kit which she loaned to the Leaders. In turn the Leaders made pressing equipment for their own community. This has been copied by those desiring to do so. It is estimated that 50 pieces of equipment have been made. Probably this figure is not sufficient to cover the smaller pieces such as pressing cloths. The Agent would estimate twice this number as having made pressing cloths for wool, rayon, etc. These demonstrations were given by the local leaders where they had attended the demonstration. In other communities the Home Demonstration Agent gave the information so that 22 communities received this instruction.

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Sub-Project D. Economics

Phase 1. Care and Conservation of Clothing

c. Washing Fine Fabrics

This demonstration was reported in last years annual report. However, it has carried over into this year and was repeated many times in connection with the repair and remodelling of garments. One similar demonstration was given to the St. David Relief Society who in turn repeated it for the Pomerene group. This was a part of the Church project.

d. Storage (result demonstration)

A conference was held in Willcox with the following attending: Miss Mary A. Rokahr, Miss Jean M. Stewart, Miss Lorene Dryden, Miss Evelyn A. Bentley, Miss Margaret Billingsley and the Agent. The purpose of this conference was to work out plans for a demonstration on clothing storage. After a conference with Miss Rokahr and Miss Dryden the home of Mrs. Lois Neal was visited and plans were drawn up and note taken of storage that was satisfactory and another list made of storage that would be needed. Following this conference Miss Dryden spent one day with the Agent in writing up this project.

In order to familiarize the Stewart community with what is meant by a result demonstration, and also, to have them visualize the problem that would have to be solved in the Neal home, a community party was held at Mrs. Neal's home and the Homemakers were given the same opportunity to inspect cupboards, closets, drawer space, etc. that the Specialist and her group has had. It is hoped that two other demonstrators will be found to work on this same problem for the coming year.

While not exactly a clothing storage demonstration a similar project has been started at the Westside Community. Since a kitchen has been offered for this type of work it may develop into a kitchen instead of a clothing project.

It is probable that this storage will be a major piece of work throughout the county for the coming year.

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XIV. Clothing

Sub-Project D. Economics

Phase 1. Care and Conservation of Clothing

e. Mending

Following the demonstrations on dry cleaning, stain removal, spotting and pressing the county has been more thoroughly covered with Miss Dryden's demonstration on Mending than any other project during the past year. This was planned as an all day meeting but has developed that it takes two days, and in addition to this, followup work. The women have been most enthusiastic about this help. Our Clothing Specialist gave the first meeting as a leaders' training meeting in three districts in the county. Following this the leaders repeated her demonstration, and where leaders had failed to come to the county meeting the Home Demonstration Agent gave the demonstration. The leaders and the Home Demonstration Agent made up a complete kit of all types of mending. The women were asked to bring garments that actually needed mending and this was found to be more interesting than just making patches. This material was divided into the following general heads, patches and darns for better materials such as rayon, silk and fine cottons. Second, work clothes such as overalls and cotton shirts. Third, men's woolen clothing, women's coats, etc.

The bulletin prepared by the Clothing Specialist has been completed and the women who have attended every session have made at least one mend of each kind either on a garment or a sample described in this bulletin.

Practical application of this mending project has been worked out in connection with the Red Cross clothing repair section and Bundles for America. At the beginning of the year the goal was set for 1,000 repaired garments. Mrs. King of the Frontier neighborhood has made 150 suits for little boys out of used material. These are beautifully tailored. An exhibit of her work filled a complete window at the Phelps Dodge Store in Bisbee. She has been outstanding in her ambition to reclaim everything in the neighborhood that is usable. The Stewart women have turned in over 100 garments to the Red Cross. The Valley women have repaired 150 garments. This is in addition to the family mending which is a daily chore in almost every home.

While not exactly a mending problem much use has been made of the bulletin on gloves and mittens in reclaiming old materials. 50 pairs have been sent to New York in connection with the Bundles of America. These were largely mittens made from sweaters, socks and coats after garments had been made from the larger pieces.

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XIV. Clothing

Sub-Project D. Economics

Phase 2. Care of the sewing machine and sewing equipment

The Agent has helped to recondition nine sewing machines.

Phase 3. Wardrobe Planning

Six result demonstrators who started as neighborhood helpers have continued in this capacity. Later in the year the two leaders from Cochise found it impossible to complete the years work but say that they are anxious to come back for the training as soon as possible. This leaves four who have consistently handed out information, directed demonstrations, and given personal assistance in the Stewart and Sulphur Springs communities.

While not enrolled as a result demonstrator Mrs. Doris Davis of the Valley Woman's Club should be mentioned as a constant, enthusiastic and efficient leader. In the three years that she has acted as clothing leader in her group she has missed only one meeting and that was when there was a death in the family. She has made up every piece of demonstration material that has been suggested by the Clothing Specialist. She has loaned this material to the Home Demonstration Agent and to two other clothing leaders who did not make this material. Her reconstruction of coats for her family and friends has been an inspiration to all of the young matrons.

Sub-Project E. Selection and Economics

Phase 3. Remodelling or Extending the Life of a Garment

Remodelling or extending the life of the garment has been a major problem with all clothing clubs. Approximately 500 garments have been remodelled. Much of this has been done under the guidance of the clothing leaders. However, it should be said that in each community there are outstanding sewers who are glad to give assistance in fitting, suggestions in pattern selection and help with finishes. Sometimes these women who are not designated leaders are negligent in making reports. Mrs. Blalack of Webb Mothers Club is one of these helpful neighbors. She takes as her duty the making over and remodelling of childrens clothes for her neighbors. As follow-up work of this remodelling in her own neighborhood she saves all of the scraps which cannot be used for clothing and makes quilts. These quilts are held in the Webb community for emergencies, some are sent to the Arizona Children's Home in Tucson, many have been given to the Red Cross and Bundles for America. Mrs. Kennedy from the Frontier group has a similar record.

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XIV. Clothing

Clothing - supervised by Local Leaders

Special credit should be given to the local leaders supervising clothing. These leaders have been of valuable assistance not only in repeating the clothing demonstrations for which they were trained by the Specialist but also in giving assistance to the Home Demonstration Agent. They have provided demonstration material for their own groups which in turn was loaned to the Home Demonstration Agent and to other groups in adding training meetings. They have taken charge of Red Cross remodelling meetings and entire charge of the quilt program asked for by the Red Cross and Bundles for America. They have collected and repaired donations for the Arizona Children's Home. This included mended garments, made over garments, garments dry cleaned and washed. In addition to general donations of time and labor these clothing leaders have given personal assistance in their own communities. They have held themselves responsible for helping anyone in the community fit garments, or for repeating subject matter which individual families have missed in the community meetings. Another service that has been helpful is the fact that anyone who has garments that they cannot use may hand them to the clothing leaders and they will be responsible for seeing that they reach the homes where they can be put to the best use.

Outstanding in this group is the untiring efforts of Mr. Lois Neal of Stewart and Mrs. George Anderson of Sulphur Springs.

Following the fine work that the Clothing Leaders have done during the past five years they expect to carry the burden of clothing storage during the coming year. At this time they have a goodly number of questions ready and these meetings will start in January.

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IV. Clothing

Sub-Project E. Selection and Economics

Phase 4. 4-H Clothing Club Work

4-H Clothing Clubs have made the poorest showing in this county than in any previous year. As the Home Demonstration Agent sees her problem there are three reasons.

First, interest in war work such as First Aid, working for the neighbors or at the nearby airports, canneries, etc. which has had a definite place in the girls use of leisure time.

Second, lack of leadership. At the present time we have one leader left in the county who was here last year. The turnover in leadership means that the girls know more about 4-H than the leaders. The leaders lack the training necessary to know the value of 4-H Club Work and the requirements and have no knowledge of what is expected of 4-H ers in order to round out a required project.

Third, limited mileage has made it impossible for the Home Demonstration Agent to give necessary supervision to these clubs.

In former years we have had no less than 70 girls completing a clothing project, this year we had 16. Clubs were started at Bowie, Cochise and Rucker Canyon. They failed to complete on account of poor leadership. However, it will be interesting to note that Rucker was the first club in the county to ask for a reorganization for next year. In connection with the Fix It Clubs the girls were allowed to "fix" garments. Perhaps these girls should have had sewing credit for this type of work but because they were interested in building up a good record in their Fix It Club they did not separate their records.

A bare five members sent in records for a County Dress Revue. These included Mary Burnett, Betty Gibbens, Charlotte Patterson, Louisa Kuschell, and Mary Jewell Bloodworth. From this group Mary Burnett was chosen county winner in Dress Revue and Betty Gibbens winner in Clothing Achievement. These girls submitted the poorest work that they have had for achievement for the past five years.

The 4-H Clothing girls at Stewart completed their years work with a fairly good achievement. This community is near enough to the county office that the Agent was able to meet with them nearly every week.

In summarizing the 4-H Clothing work 16 4-H girls completed. In addition one junior girl who is not included in the report. A total of 76 garments were made and 20 garments remodelled. The junior girl made 3 garments.

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TABIE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942-1943

Project XV Home Economics Home Management	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. Saved
Sub-Proj. C Phase 3. Kitchen Improve- ment	0	0	1	Westside	21	21	Plans only	0	0
Sub-Proj. C Phase 4. 4-H R. E.	1	Whitewater	1	Whitewater	23	20	47 articles made 20 repaired	\$42.22	\$27.08
Sub-Proj. C Phase 7. Fix It Clubs	0	0	2	McNeal Dragoon	10 Jrs 28	10 Jrs 27	1153 articles repaired	\$399.64	\$289.64
Sub-Proj. D Phase 1. Accounts	0	0	1	Webb	2	2	2 records kept	Educa- tional train- ing	0

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XV. Home Economics (Home Management)
Sub-Project B. Construction
Phase 3. Kitchen improvement

One meeting with the Westside Homemakers Club launched what we hope will develop into a kitchen improvement project within the year.

Phase 4. Electricity in the home (4-H R. E.)

Assistance was given with the 4-H Rural Electrification Club at Whitewater. While this club is under the guidance of the County Agent the Home Demonstration Agent was responsible for organization, records, visiting the club and helping with demonstration teams. 23 boys were enrolled and 20 completed. A joint achievement program was held with the girls club in this community. Six demonstration teams were trained and three entered in final competition.

Phase 7. 4-H Handicraft Clubs (Fix It)

28 girls and boys were enrolled in what was called a Fix It Club reported under Handicraft. These clubs were started with the idea that here was something 4-Hers could do on the Defense Program. The club was set up so that every child had a choice in what they would fix. Some of this was a school room problem, some had to do with outside improvements in the home such as fences, steps, clothes lines, etc. Perhaps the most frequent problem was the re-puttying of window panes. Screens were repaired with patches of screen or with yarn. Around the barn yard feeders for poultry and repair on sheds and fences were reported. Inside the house the girls were allowed to report garments or household articles mended as a part of their project. Handles were put on knives, divisions put in drawers so that knives, forks and spoons were separated. A floor was painted, a piece of furniture repaired or a new seat replacing a sagging chair bottom, fixing places to hang up the girl's clothes and coats, and getting the shoes off the floor was also given credit. Washing the kitchen walls or of any one room was equivalent to two minor projects. The McNeal group were paid by the School Board for cleaning the school house which consisted of four rooms and a large basement. Labor could not be hired for this, and the children earned \$10.00. A total of 1153 repair jobs were reported and in very few cases new articles were constructed. This does not include home accounts which were kept as a separate project. All money earned in this project was turned into War stamps. The Dragoon group

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XV. Home Economics (Home Management)

Sub-Project B. Construction

Phase 7. 4-H Handicraft Clubs (Fix It), cont.

bought over \$500 worth of War stamps and bonds. The McNeal group purchased \$150 worth. Knowing the children of these communities it is almost beyond belief that such a small group of such young 4-H ers could have donated this much to the Defense Program.

Sub-Project D. Economics

Phase 1. Budgets and Accounts

4-H Achievement Contest

Charlotte Patterson, outstanding 4-H girl in the county and state, submitted her record accounts for National Competition through this office. She had a total of six years work and had records for 46 completed projects. These projects included leadership, clothing, canning, meal planning, baking, home improvement, yard beautification, poultry, music appreciation, camp and home accounts.

Home Accounts

Shirley McPherson has submitted a home account record for her family for the past year. This included a record of her entire family which consists of her parents, two girls and two boys.

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TABLE SHOWING PROGRAM AS PLANNED AND
ACHIEVED IN COCHISE COUNTY
1942-1943

Project XVI Health	No. groups planned	Loca- tion	No. groups achieved	Loca- tion	No. Indiv. enrolled	No. Indiv. completed	Work accom- plished	Value	Amt. Saved
Sub-Proj. B Phase 2. First Aid Clubs	2	Whitewater McNeal	3	Paul Spur Whitewater Gleeson	81	81	81 child- ren with practical training for emer- gencies	No money value	0
Project XVIII Sub-Proj. K Phase 4. Christmas Gift Meetings	0	Where best to do so	10	Pomerene S. Spgs Bowie Apache St. David Westside Stewart Webb Double Adobe Valley W.Cl.	364	364	1100 gifts made 75 families using Xmas recipes & entertainment	\$275	\$275

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XVI. Health

Sub-Project B. Health Program

Phase. 2. 4-H Health Clubs (First Aid)

Three First Aid 4-H Clubs were organized and completed with the following summary: A total of 81 boys and girls were enrolled and the same number completed. These clubs were organized at Gleeson, Forest Station and Whitewater. Each of these leaders had had the Red Cross outline in First Aid and for this reason the Red Cross manual was used as the outline. Eight months of 4-H school time which consisted of at least one hour a week was given for this training. Demonstrations were required at each meeting.

The Agent feels that this is some of the best work which was done in the county last year because the leaders had a working knowledge of what they were trying to do and did not depend on the Home Demonstration Agent for constant supervision. Public achievement programs were held at Whitewater and at Forest Station. The Gleeson group being Mexican had only an achievement program within their group. Mrs. Malady, County Health Unit Supervisor, and here nurses in this district gave valuable assistance at Gleeson. The Agent made two visits to this community each month and the nurses made two visits.

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XVIII. Community Activities

Sub-Project A. Related Agencies

Phase 1. County, State and National health agencies

The Home Demonstration Agent was invited to speak to the Cochise County Health Unit nurses in Bisbee through the courtesy of the local nurse, Miss Louise Brown and her superior officer, Mrs. Malady

The Cochise County Health Unit invited the Home Demonstration Agent to hear Miss Rae Russell, National Health Agency, speak to their group.

Miss Ansta Todd, Nutritionist for the State Health Agency, has been in the county on several occasions and the Agent has had several conferences with her. These were usually on some phase of the county Nutrition setup. The Agent attended her lecture to the Junior Woman's Club and Vocational High School Department.

Mrs. Agnes Hunt was in the county in the interest of School Lunches and spent one evening and a day in the office concerning this program.

A representative of the O. C. D. held a conference in our office which was attended by the State Agent, Home Demonstration Agent from Graham County, Cochise County Agent and the H. D. A.

Sub-Project B. Conferences

Phase 1. Annual conference

The Agent attended the Annual Extension Conference in Phoenix in December at which time much help was received.

Phase 2. Office conference

Office conferences are held with the County Agent and other representatives of the Extension Service as often as it is necessary.

Phase 3. Planning Conference

The Agent attended the H. D. A. Planning Conference in Tucson in May and brought home to her county many new ideas.

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XVIII. Community Activities
Sub-Project C. Publicity
Phase 3. Monthly Circular

Contributions have been made to a county news letter which is put out by our County Agricultural Agent.

Sub-Project E. Achievement Days

No adult achievement days have been held. All 4-H Clubs had their usual 4-H achievements and had special programs at which time awarding of pins and other types of recognition, and encouragement were handed out.

Sub-Project F. Picnics and Community Dinners

The Agent attended a community dinner in Dragoon at which time the 4-H ers prepared and served a dinner to 45 visitors.

Sub-Project K. Recreation
Phase 4. Christmas Gift Meetings

Christmas gift meetings have been held in Pomerene, St. David, Forest Station, Sulphur Springs, Stewart, Bowie, Double Adobe, Valley Womans Club, Apache and Webb. These meetings are divided into the following suggestions. Aprons, Mother-Daughter; Stuffed toys; household articles; Clothing accessories; Gloves and mittens; Food suggestions; Entertainment, including games, Christmas tree decorations, etc. These meetings are always well received and usually well attended.

Following is a fair estimate of Christmas gifts made as a result of these demonstrations: Aprons - 500; stuffed toys - 150; household articles - 100; clothing accessories - 200; gloves and mittens - 50; food suggestions - 50 families using recipes; entertainment - 25 families; other suggestions not listed - 100.

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XVIV. War Activities

In summarizing the War Activity Program for this county it might be briefly stated that everything done on the Extension Program seems to have a definite place under the head of War Activity.

In Nutrition special stress has been given to assistance with Point Rationing, Share the Meat Program and Food Fights for Freedom. Wherever possible assistance has been given in connection with the home gardens. This was done in cooperation with the County Agent who was responsible for all subject matter. The Specialist and the County Agent met with rural Homemakers groups and gave special instruction in the pruning of orchards, vegetable gardening and poultry. The Agent attended part of the classes given by the Vocational Department on the planning and care of the home garden. Much has been made of this information. The County Agent met with the women and gave special instruction on pest control which assisted materially in the production of the home garden.

Following the garden program the Agent gave special assistance county-wide on the canning, drying, and salting of vegetables and fruits. With the assistance of an office pressure cooker many town people have been able to can vegetables and meat by means of the pressure cooker which was loaned to them. This was especially true in the Willcox area.

In the clothing program stress has been placed on extending the life of the garment with demonstrations in washing, dry cleaning and care of the clothing for the family. Storage which should help to extend the life of the garment is now being given special stress. Lessons on remodelling with particular attention to the mending of garments has had a definite place in making the clothes serve for another year.

Assistance has been given in the repair of home equipment which would extend the life of articles used in the home.

One 4-H club gave special stress to the repair of barnyard equipment.

Assistance was given with the scrap drives including fat, silk and nylon hose. Assistance has been given the 4-H clubs in the scrap drives for metal and paper.

The Agent sponsored three First Aid Clubs and attended Red Cross Nursing and First Aid meetings whenever she was in communities where they were being sponsored. The Red Cross Manual was used as the background for these groups.

The Agent assisted in the transportation of Homemakers who assisted in harvesting sweet potatoes and peanuts. Other Homemakers assisted with cotton picking, sorghum making, turkey picking, etc.

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Assistance from State Office

December 7	Miss Jean M. Stewart	Office conference on Nutrition
7, 8, 9, 10	Mrs. Lola Dudgeon	Office conference on Nutrition, Leaders' Training Dems. on Bread Making and organization of Share the Meat Program
January 4, 5	Mrs. Lola Dudgeon	Conference and HDA training meeting on Share the Meat Program
4, 5	Miss Evelyn A. Bentley	Conference and attend HDA training meeting on Share the Meat Program
4, 5	Miss Margaret Billingsley	Conference and attend HDA training meeting on Share the Meat Program
11, 12, 13	Miss Lorene Dryden	Clothing Leaders' Training meetings on Dry Cleaning
February 6, 8, 9, 10	Miss Lorene Dryden	Pressing Demonstration to Clothing Leaders
13	Miss Jean M. Stewart	Conference to explain Point Rationing
13	Miss Margaret Billingsley	Attend conference on Point Rationing
26	Emil M. Rovey	Visit 4-H Rural Electrification Club at Whitewater
March 16	Miss Jean M. Stewart	Office call on organization
April 9	Miss Jean M. Stewart	Office call enroute to Safford
21	Clyde F. Rowe	Talk on Poultry Raising to the Valley Womens' Club

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Assistance from State Office, cont.

May	6	A. Mark Bliss	Talk on the Control of Garden insects to Stewart Homemakers
	24-25	Miss Margaret Billingsley	Attend demonstrations on Canning and Drying in Bisbee
	11	A. Mark Bliss	Show slides at achievement of 4-H Fix It Club at Dragoon
June	None		
July	10	Miss Mary A Rokahr	Conference on the starting of a Clothing Storage result demonstration
	10, 26, 27	Miss Jean M. Stewart	Conference on the starting of a Clothing Storage result demonstration and attend 4-H Clothing and adult Drying Dem.
	10, to 16	Miss Lorene Dryden	Conference on the starting of a Clothing Storage result demonstration, 4-H Clothing, and Mending Demonstration to Clothing Leaders
	10	Miss Evelyn A. Bentley	Attend Conference on the starting of a Clothing Storage result demonstration
	10	Miss Margaret Billingsley	Attend Conference on the starting of a Clothing Storage result demonstration
August	1	Miss Jean M. Stewart	Office call on organization
September	None		
October	None		
November	4, 8, 9	Miss Jean M. Stewart	Meet with Stewart Homemakers and organization of "Food Fights for Freedom" program Annual Report
	29, 30	Miss Lorene Dryden	Clothing Leaders' training on Clothing Storage

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OUTLOOK AND RECOMMENDATIONS

The Defense Program is the first consideration for all program planning and local activities within the county. Since no better recommendation is available the usual division of adult and 4-H Clubs will be followed. Subject matter will include the general headings of Nutrition, Clothing and Home Management. Special stress will be placed on Government programs such as Food Fights for Freedom, rationing, food production and preservation. Efforts to carry on an Extension Program have had the handicap of gasoline shortage and extra demands on the time of the women who have accepted added home responsibilities for the duration. At the present time it would seem that this may not cause quite such a disturbance in the program planning as was felt during the past year but there is no question but what the tension of War Activities will have a definite place in the Extension Program.